

# KATES HILL PRIMARY SCHOOL LUNCH MENU

**SEPTEMBER 2019 TO APRIL 2020** 

#### WEEK 1

2 SEPTEMBER, 23 SEPTEMBER, 14 OCTOBER, 11 NOVEMBER, 2 DECEMBER, 6 JANUARY, 27 JANUARY, 24 FEBRUARY, 16 MARCH

MONDAY

UESDAY

WEDNESDAY

**THURSDAY** 

RIDAY

Toad in the Hole Salmon Bites v - Quorn Sausage in Onion Gravy Mashed Potato, Peas & Baked Beans

Chicken Tikka Curry
v - Macaroni Cheese
Fish of the Day
Best of Both Rice, Sweetcorn
Jam Rounds

Fruity Flapjack & Custard

Roast chicken drumsticks
v - Quorn Chicken Pitta / Pizza Pocket
Fish of the Day
Roast & Baby Potatoes
Carrots & Cabbage
Apple Crumble & Custard

Spaghetti Bolognaise & Garlic Bread v - Vegetable & Lentil Spaghetti & Garlic Bread Fish of the Day Waffle Fries, Broccoli & Coleslaw Lemon Drizzle Cake & Custard

Margherita Pizza
v - Cheese Plait
Breaded Fish Fillet
Chipped Potatoes,
Baked Beans & Sweetcorn
Banana Muffin & Glass of Milk

#### WEEK 2

9 SEPTEMBER, 30 SEPTEMBER, 21 OCTOBER, 18 NOVEMBER, 9 DECEMBER, 13 JANUARY, 3 FEBRUARY, 2 MARCH, 23 MARCH

Beef Grill

v - Cheese Pinwheel Fish of the Day Fat Free Wedges Sweetcorn & Spaghetti Hoops Fruit Cheesecake

Cottage Pie/Crispy Chicken Bites
v - Quorn Cottage Pie
Fish of the Day
Sauté Potatoes,
Country Mixed Vegetables
Pineapple Upside down Cake & Custard

Roast chicken drumsticks
v - Vegetable & Lentil Korma
Fish of The day
Boiled Rice, Mashed Potato Carrots &
Peas
Rice Pudding with Pears & Raisins

Chicken Flatbread
v - Vegetable & Quorn Pie
Fish of the Day
Waffle Fries, Green Beans & Sweetcorn
Chocolate Crunch & Mint Custard

Pepperoni Pizza v - Vegetarian Pizza Fish of the Day *Chipped Potatoes, Peas & Baked Beans* Strawberry Mousse

#### WEEK 3

16 SEPTEMBER, 7 OCTOBER, 4 NOVEMBER, 25 NOVEMBER, 16 DECEMBER, 20 JANUARY, 10 FEBRUARY, 9 MARCH, 30 MARCH

Chicken Katsu Curry v - Quorn Katsu Curry Fish of The day Boiled Rice, Diced Potato, Peas, Carrots Eton Mess

All Day Breakfast / v - Veggie Breakfast v - Veggie Balls in Tomato Wrap Fish of The day Hash Browns, Baked Beans, Sweetcorn Chocolate Sponge with Beetroot & Chocolate Sauce

Roast chicken drumsticks
v - Cheese Savoury
Fish of the day
Roast & Boiled Potatoes
Broccoli, Mixed Vegetable
Apple & Blackcurrant Crumble
& Custard

Chicken Wrap
v - Quorn Sausage Cowboy Hotpot
Fish of the Day
Wedges, Sweetcorn, Rainbow Slaw
Sticky Toffee Pudding & Custard

Pepperoni Pizza v - Vegetarian pizza Fish of the Day Chipped Potatoes, Baked Beans, Peas & Sweetcorn mix Oaty Cookie

### **DELI OPTIONS**

(ALWAYS AVAILABLE)

Jacket Potato Served with a variety of fillings Help yourself salad cart, freshly made bread, Sub Way Bar and panini bar

## **DAILY DESSERTS**

(ALWAYS AVAILABLE)

Chef's handmade dessert (see board for details)
Selection of fresh fruit, Yoghurt, Cheese & Biscuits, Jelly, Orange Squash (new)



